



PARENT GROUPS



for parents/caregivers of children diagnosed on the autism spectrum

BY LAUREN TOBING-PUENTE, PHD

These twice monthly groups provide support and pertinent information to parents of children diagnosed on the autism-spectrum. Parents of children on the autism-spectrum often have questions regarding their children’s development and often experience very high levels of stress. They often benefit from connecting with parents of children with similar challenges. These groups will provide parents with education and specific strategies that can improve upon their families’ lives and support them in managing the stresses related to parenting.

ALL GROUPS: THURSDAYS: 7:00 pm – 8:00 pm

<u>Date</u>	<u>Topic</u>
January 8	Sleep Challenges and Autism Spectrum Disorders (ASD)
January 22	Sensory Processing Challenges and ASD
February 5	Toilet Training for children with ASD
February 19	Research on Causes of ASD
March 5	Treatments for ASD: Part I
March 19	Treatments for ASD-Part II

Cost: \$25 per session, or \$100 for five sessions when paid in advance.

Address: 361 EAST 19TH STREET

NEW YORK, NY 10003

(2ND Floor, within the Watch Me Grow center)

RSVPs ARE RECOMMENDED

REFRESHMENTS WILL BE SERVED

For more information or to RSVP, Please contact Dr. Tobing-Puente:

Phone: (917) 838-9274 OR Email: services@drtobingpuente.com

Website: www.drtobingpuente.com

Dr. Tobing-Puente is a NYS Licensed Psychologist with over 13 years of clinical experience with children and families. She received her PhD in Clinical Psychology from Fordham University, where she specialized in child and family therapy. Her expertise in diagnosing and treating autism-spectrum disorders stems from working in a variety of evaluation and treatment settings, using the DIR/Floortime and ABA approaches.